The Black Belt Record Sheet MAKE A DIFFERENCE.

These are the questions that a JMA Black Belt should be asking themselves.....

What does it mean to make a difference?

How can just one young person affect many?

How can I make a difference?

How can I help?

The true measure of a community is in how well it looks after those who can't look after themselves.

<u>What can you do?.....</u>

What was your idea and how did you put it into action?

How did it make you feel and how has it changed the way you think about your world?

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Parent or Guardian Signature..